

# Comhar Chathair Chorcaí Teo.

Cork City Partnership Ltd.

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## Cork City Partnership Newsletter

June 2010

### CARERS WEEK 2010



**National Carers Week is from 14-20<sup>th</sup> June 2010. The week is a celebration of the contribution that Cork's 19,638 carers make to their families and communities. The aim of National Carers week is to promote and raise awareness and generate discussion about Carers issues. The week will also provide an opportunity for Family Carers to come together, support one another and share ideas and information. A weeklong series of national events and celebrations are planned for the week. To celebrate the week in Cork, the Cork Family Carers Forum have organised a Tea Dance in the Ambassador Hotel, Cork on the 15<sup>th</sup> June. The Lord Mayor of Cork, Cllr. Dara Murphy will officially open the event at 2pm. Well known Donal Ring Ceili band will provide the entertainment and spot prizes will also be available. Therapists will also be present during the event and massage sessions will be available to carers. This is definitely a date for the diary of all carers in Cork. Check the website [www.corkfamilycarersforum.ie](http://www.corkfamilycarersforum.ie) and further information is also available from Steering Group members Linda McKernan at Cork City Partnership Tel 4302310 or Peter Cox at the Carers Association Tel 4806397.**

### New Care & Repair Programme

**Cork City Partnership in association with Age Action Ireland, Irish Life, Gurrabraher CDP and Cork City Council Community Warden are developing a Community Care & Repair programme in the Northside of Cork City. The project will focus on older people within the Gurrabraher Churchfield area initially. It will target older people who may need help with domestic jobs such as replacing light bulbs, fitting door chains, smoke alarms putting up curtains or small jobs like hedge or grass cutting. Volunteers are now required to provide a helping pair of hands to do a variety of small tasks that an older person may find difficult. All volunteers will carry official identification as part of the service. The selected volunteers will undertake small jobs for the older members of the community. While the service is free of charge the client will pay for the cost of materials used. If you are interested in becoming a volunteer and want to give something back to your community call Ann Long at 021-4301700.**





## State equality agencies to be assessed

External assessments of the work of the Equality Authority, the Equality Tribunal and the Human Rights Commission have been requested by the Minister of State for Equality, Integration and Human Rights, Mary White. Possibilities for closer co-operation between equality and human rights bodies with the Office for Social Inclusion will be part of the assessment process, to be carried out by academics from outside the Civil Service. Reports into the three equality and human rights agencies are to be completed within three months to prepare the ground for a full-scale review of the organisations. Taoiseach Brian Cowen announced in the Dáil last month that the Department of Community, Equality and Gaeltacht Affairs, under newly appointed Minister Pat Carey, would be taking responsibility for social inclusion and family policy from the Department of Social and Family Affairs and also for equality, disability, integration and human rights from the Department of Justice. These external assessments would, "set the parameters for the review of the structures, which will follow after the papers are complete". However, the process is said to be different from the moves to promote a merger of these and other bodies in the summer of 2008. Although the moves were unsuccessful, the budgets of the Equality Authority and the Commission were cut by 43 per cent and 24 per cent respectively and the authority's chief executive, Niall Crowley subsequently resigned. Conscious that 2010 is the Year of Social Inclusion, Mary White intends completing the review "as soon as possible".

## Mayfield Arts Youth Seminar

Mayfield Arts Newbury House are holding a 'Youth Perspectives' seminar on June 16th and 17th. The seminar will explore local and global citizenship and will include creative youth-led workshops. Case studies from Ireland and Latin America will be examined and debated. The seminar will also explore non-formal education and formal education methodologies, practices and links. All enquiries to Newbury House tel. 4530434 or email [mayfieldarts@gmail.com](mailto:mayfieldarts@gmail.com)



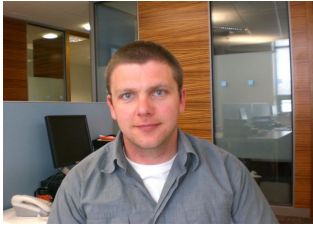
## Workshops on Loss and Bereavement

Irish Hospice Foundation is organising Workshops on loss and bereavement. They are targeted at professionals and volunteers who may wish to learn more about loss and bereavement and for those working with people who have experienced a major loss. For further details please contact: Iris Murray, Administrator, Irish Hospice Foundation email [iris.murray@hospice-foundation.ie](mailto:iris.murray@hospice-foundation.ie)

## Meet the Staff



Catherine McCarthy has been working in Cork City Partnership since 1996. She is personal secretary to the Chief Executive Ann O'Sullivan. She lives in the city centre and absolutely loves the convenience of living in the heart of the city. Apart from her family which includes a dog called "Sunny" whom she calls her walking pal, the other great love in her life is Irish step dancing. Catherine is a former champion Irish-dancer and is an adjudicator with International accreditation. Her daughter Aoife is a current Munster Champion. Catherine's ongoing adjudication work has taken her all over the world and given her a love for travel. Her ambition is to win the "Lotto" and travel to Bermuda—one way !



## New Sports and Activities Officer in Gurrabraher



### Gurrabraher Community Development Project

which is hosted by Cork City Partnership has appointed Mícheál O'Mahony to the new post of Sports and Activities Development Officer. Mícheál is a graduate of Waterford Institute of Technology where he completed a degree in Business Recreation and Leisure. He worked for Basketball Ireland as a Regional Development Officer before coming to "The Hut" in "Gurrabraher". The key objective of the new post is to develop a sports and activities programme for the Farranree, Fairhill / Gurrabraher area. There are plans to develop a programme of school holiday camps and liaise with sports clubs and groups of all ages to deliver various sports and activities. Micheál is therefore linking up with schools, sports clubs and other voluntary / community groups to maximise use of existing sporting facilities and to increase participation levels across the community. Local volunteers play a major role in that regard. A "Girls Active" programme has also been introduced to encourage local teenage girls to participate in various sports and activities. Participants are given a number of different activities to choose from such as spinning, gym, circuits etc. Gurrabraher CDP is also working with Leisure World and the Health Action Zone (HAZ) to help people in the community get fit and participate in the Cork Marathon race. Teams of five people are also being formed to take part either as walkers or runners in the forthcoming marathon. If you are interested don't hesitate to contact Gurrabraher CDP. All ages and levels of ability are welcome. There will also be organised walks and free gym sessions in the two months period leading up to the event in order to prepare for the big day. You can contact "The Hut" and speak to Micheál for details of all programmes and activities. Please Call 021 4665083 or 021 4924741 for details.



### New Pilot "Buddy System" Project for Gurrabraher



A part-time Community Development Worker is currently being recruited to support the establishment of the 'Friendly Call' Buddy System. The Friendly Call Buddy System is a telephone call system for older and more vulnerable residents in the community. Initially, it will be made available in Gurrabraher and the North-side of Cork, and ultimately across the whole of Cork City. The role of the Development Worker will be to establish the 'Friendly Call' Buddy System in conjunction with the Gurrabraher CDP Project. The pilot project will initially be developing referral systems and procedures and will carry out research for the future development of project. The friendly call "Buddy System" is a 12 months pilot project. The post is funded through Dormant Accounts funding. There is a lot of stuff happening above in "Gurrabraher" alright.

### Community Development Degree in CIT

The Cork Institute of Technology (CIT) is offering a Bachelor of Arts degree programme in Community Development. The course is full-time and will be based on campus in Bishopstown. If you are involved as a volunteer in the area of community development work and looking for a qualification then this is a great opportunity to get the "piece of paper". Entry to the course is not based on a points system, instead suitable candidates will be selected at interview. If you wish to pursue a career in community development work then this is a direct pathway to achieve your goal. Contact Anne Deasy in CIT at 4326700 or email [anne.deasy@cit.ie](mailto:anne.deasy@cit.ie)





## Cork City Partnership Community Development Programme

The Community Development Measure of Cork City Partnership is just one of three measures delivered by the Partnership as part of the Local Community Development Programme. (LCDP) The work of the unit is monitored by the Community Development Subcommittee and covers Childcare, Disability, the Community Outreach Drugs Project, Aylum Seekers Service, Gurranabraher CDP, and general community work throughout Cork city. The Community Development Sub Committee oversees the budget allocation and reviews in an ongoing way the implementation of the various programmes. Pictured above at a recent meeting of the Community Development Sub Committee are (Standing from left Jamie Tevlin (IBEC representative) Josephine McCarthy (Community Director), Councillor Catherine Clancy, Jacqui Sweeney (Community Development CoOrdinator), Geraldine O'Shea (DFSA), Donal Counihan (Advisory Council). Front, left to right. Ann O'Sullivan (CEO Cork City Partnership), Lorraine O'Sullivan (Community Representative) Margaret Kenneally (Chairperson), Patty O'Brien (Community Director)

### Adults and Their Parents to Get Talking!

Home Instead Senior Care, Cork has launched a campaign called the 'The 40-70 Rule' which is designed to help adult children and senior parents address difficult issues such as driving, finances, independence, end-of-life issues, and even romance. Research has revealed nearly one-third of adults have a major communications obstacle with their parents that stems from continuation of the parent-child role. It can be difficult to get the conversation going because the child is still in a child rather than an adult role with their parents. For your free booklet, call the Home Instead Senior Care Cork Office on 021 500 2190 or visit [www.homeinstead.ie](http://www.homeinstead.ie).



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*"Today's preparation determines tomorrow's achievements."*

**Editorial Team:** Donie O'Leary (Editor) Yvonne Quilligan (Editorial Assistant) Articles and news items for inclusion should be forwarded to Yvonne to be considered for future publication. Call Yvonne at 4302310 or email [yvonnequilligan@partnershipcork.ie](mailto:yvonnequilligan@partnershipcork.ie)

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